# Quality of Life in Homeless and Hard-to-House Individuals (QoLHHI) Scale

### Impact: Social Support

**READ ALOUD:** "I'm going to ask you about the practical and emotional support you may or may not be getting in your life right now"

### **SS1: Practical Support**

SS1a: "I have some questions about the kinds of practical support you get from others."

Note: y = yes, n = no, y/n = sometimes, depends, or any other mixed response, N/A = not applicable. Use the comments section to expand on these responses (in particular y/n and n/a)

		Comments
1. Do you have someone in your life who gives you advice when you need it?	y □ n □ y/n □	
2. Do you have someone in your life who gives you useful information when you need it?	y □ n □ y/n □	
3. Do you have someone in your life who helps you out when you need it?	y □ n □ y/n □	
4. Do you feel that you get enough practical support (things like: advice, information, help) from others?	y □ n □ y/n □	
C. Anything else you want to tell me about the practical support you	get from others?	
Note: Sections A & B about the 'best and worst things' were not deemed h	elpful for understandi	ng 'practical support'.

#### Impact: Social Support

SS1b: "You've talked about some things that describe the practical support you get (or don't get) from other people. Now I want to know about the <u>impact</u> that this has on you. You could tell me it has <u>no</u> impact at all on you. Or you could say that it has a <u>positive</u> impact and makes things <u>better</u> for you, or that it has a <u>negative</u> impact and makes things <u>worse</u> for you."

"So, I'd like you to rate the impact that your experience with getting (or not getting) practical support from others has on you".

1	2	3	4	5	6	7
Large	Moderate	Small	No	Small	Moderate	Large
negative impact	negative impact	negative impact	impact	positive impact	positive impact	positive impact

### **SS2: Emotional Support**

SS2a: "I have some questions about the emotional support you get from others."

		Comments
1. Do you have someone in your life that you can talk to?	y □ n □ y/n □	
2. Do you have someone in your life who treats you with respect?	y □ n □ y/n □	
3. Do you have someone in your life who understands what you are going through?	y □ n □ y/n □	
4. Do you have someone in your life that you can trust?	y □ n □ y/n □	
5. Do you have someone in your life who cares about you?	y □ n □ y/n □	
6. Do you have someone in your life who is always there for you, no matter what?	y □ n □ y/n □	
7. Do you have someone in your life who loves you?	y □ n □ y/n □	
8. Do you have someone in your life who you can have fun with?	y □ n □ y/n □	
9. Do you often feel lonely?	y □ n □ y/n □	

10. Do you have a sense of belonging (for example, to a community, to a particular group, to an organization)?	y 🗆 n 🗆 y/n 🗆	
C. Anything else you want to tell me about the emotional support you	get from others?	

Note: Sections A & B about the 'best and worst things' were not deemed helpful for understanding 'emotional support'.

SS2b: "You've talked about some things that describe the emotional support you get (or don't get) from other people. Now I want to know about the <u>impact</u> that this has on you."

"So, I'd like you to rate the impact that your experience with getting (or not getting) emotional support from others has on you".

1	2	3	4	5	6	7
Large	Moderate	Small	No	Small	Moderate	Large
negative impact	negative impact	negative impact	impact	positive impact	positive impact	positive impact

## SS3: Pets

SS3a:

		Comments				
1. Do you have any pets?	y □ n □ y/n □					
A. What is the worst thing, for you, about having/not having pets?						
B. What is the best thing, for you	, about <b>having/not</b>	t having pets?				
C. Anything else you want to tell	me about <b>having/r</b>	not having pets?				

SS2b:

"What impact does having/not having a pet have on you?"

1	2	3	4	5	6	7
Large	Moderate	Small	No	Small	Moderate	Large
negative impact	negative impact	negative impact	impact	positive impact	positive impact	positive impact